



Fearless Girls Club CIC
Volunteer Job Description: Quest Leader

Volunteer Job Title: Quest Leader (Years 9 to 13)

Supported By: The Directors

Commitment: 1.5 hours per week

ABOUT US

Fearless Girls Club is a non-profit organisation offering a unique club for girls aged 8 to 12 years to boost confidence, supercharge self-esteem and strengthen resilience so our girls can be bold and live fearlessly. We believe that in order to create fearless girls who will go on to thrive in the modern world, we need to offer ongoing personalised support and cultivate meaningful peer relationships – so we created Fearless Girls Club!

The number of girls in each club session is capped at 18 (with two adult leaders and up to three young volunteers called Quest Leaders) so we can provide individualised attention and support, and create a tight-knit group that feels safe and friendly. At Fearless Girls Club, we are all about empowering girls to feel bold, capable and confident. At our weekly club sessions, we build our games and activities around the framework of our unique Confidence Quests – nine core areas identified through research as crucial for girls aged 8 to 12 years to develop strong self-confidence and resilience. Our Quest areas are: Knowing Myself, Critical Thinking, Leadership, Healthy Mind & Body, Resilience, Being Bold, Friendships, Speaking Up and Digital World.

Each session includes:

- ⚡ **Club affirmations:** I am bold, I am brave, I am fearless!
- ⚡ **One Good Thing:** A chance to go around the circle and share one good thing from your week with the club.
- ⚡ **Opening Games:** A carefully selected game that introduces our Quest topic for the week in a fun way.

- ⚡ **Quest:** An exciting themed activity exploring one of our Quest areas, which will include some external visitors to help us try new things.
 - ⚡ **Quest Reflection Circle:** To explore what we have learned about ourselves and others from the activity.
 - ⚡ **Confidence Booster:** Introducing a different mindfulness or self-regulation technique each week to equip our girls with strategies to slow down, pay attention to the present moment, and develop better focus and self-awareness.
 - ⚡ Plus lots of games, stickers and prizes every week!
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MAIN DUTIES AND RESPONSIBILITIES

Quest Leaders will be enthusiastic and aspiring female* leaders at secondary schools and Sixth Forms in our club areas to help lead our sessions and inspire our members. You will be in school years 9 to 13.

Tasks and Activities

- Lead engaging club activities and games
- Guide younger members through our unique Confidence Quests
- Mentor and encourage our members in the art of fearlessness
- Serve as exceptional role models and fearless advocates
- Other tasks as asked for by the session organiser or club Director

Personal Qualities and Experience

Quest Leader volunteers are friendly and patient. They understand the needs of younger girls and empathise with them. They demonstrate strong listening and communication skills. Some experience of supporting younger girls is useful (for example, younger siblings or school mentoring schemes), but not necessary. Reliability is key. Volunteers must be willing to work within guidelines and always follow confidentiality policies.

In return, as a Fearless Girls Club volunteer, you will have the opportunity to:

- Support younger girls on their quest to fearlessness
 - Be part of a friendly team and supported in your role
 - Access training and development as appropriate
 - Make friends with similar-minded girls in the same role
 - Enjoy a rewarding mentoring and club experience
 - Gain valuable skills and confidence for personal and professional development
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VOLUNTEER AGREEMENT

We ask you to:

- Provide signed consent from a parent or guardian to undertake this role (if you're under 18 years old)
- Work within the parameters of your volunteer role description
- Maintain the commitment you choose to make to the club and our members
- Undertake relevant training and updates
- Keep us informed if your circumstances change
- Let us know with as much notice as possible if you are unable to attend a session
- Read and adhere to our policies and procedures at all times
- Promote the work of Fearless Girls Club CIC in your local community
- Feel able to tell us if you are dissatisfied in any way

This agreement is binding in honour only, is not intended to be a legally binding contract between us and may be cancelled at any time at the discretion of either party.

***Occupational Requirement (Equality Act 2010, Schedule 9 Part I):** This clause applies. This defence allows organisations to argue that a particular protected characteristic is essential to a job and that only someone with that characteristic is suitable for the role. We require some employees and volunteers to be female wherever it is directly relevant and necessary.